

Health Care Assistant
Career Studies Certificate

(Effective Fall 2007)

Purpose: The Health Care Assistant Career Studies Certificate program prepares students for work in home health and/or personal care. Specific studies deal with nursing terminology and documentation, first aid, nutrition and diet therapy, and clinical practice. There is an optional component to the program for students to replace the Coordinated Internship class with NUR 27 (Nurse Aide I), which prepares students for the Certified Nursing Assistant (CNA) exam. This can only be done with the program coordinator's approval after the student has completed the first three semesters.

Occupational Objectives: Students may seek employment as companions, personal assistants, or nursing assistants in home care, nursing homes, or assisted living centers; as instructional aides in the public school setting; or as activities assistants in nursing homes or assisted living centers.

Admission Requirements: General college curricular admission

Program Notes: Students must have completed a high school program with a recognized diploma/ GED or passed the Ability to Benefit Assessment (ATB); be active or pending clients of the Virginia Department of Rehabilitative Services; and possess the social skills necessary to function as independent persons among their peers in the college environment. Credits earned in this program are nontransferable.

Curriculum

Course	Title	LEC. HRS.	LAB. HRS.	CRS. CRE.
SDV 100	College Success Skills	1	0	1
SDV 80	Integrated Basic Academic/Life Skills	5	0	5
SOC 85	Social Skills Development	3	0	3
HLT 95	Introduction to Health Related Occupations	2	0	2
NUR 95	Medical Terminology and Documentation	2	0	2
NUR 95	Nutrition, Diet Therapy, and Food Preparation for Home Health Care Assistants	3	0	3
HLT 85	First Aid and CPR for Child Care Assistants	1	6	3
NUR 95	Personal Care Companion	3	0	3
NUR 90 ¹	Coordinated Internship for Health Care Assistants	0	25	5
	Total	20	31	27

¹NUR 27, Nurse Aide I, can be substituted for this course with permission of the program coordinator.