## J. Sargeant Reynolds Community College Course Content Summary

Course Prefix and Number: SDV 108 Credits: 2

Course Title: College Survival Skills

**Course Description:** Provides an orientation to the college. Introduces study skills and career and life planning. Offers an opportunity to engage in activities aimed at self-discovery. Emphasizes development of "coping skills," such as listening, interpersonal relations, competence, and improved self-concept. Provides an overview of college policies, procedures, and curricular offerings. Assists students toward college success through information regarding effective study habits. Recommended for students enrolled in developmental courses. Lecture 2 hours per week.

**General Course Purpose:** This course is designed for students who are not academically successful. It is intended for students who are returning from suspension, are on probation, or who have two unsuccessful attempts at SDV 100.

## **Course Objectives:**

Upon completing the course, students will be able to

- a. Articulate how they as individuals learn best.
- b. Articulate the technical aspects of what they must do to be in academic "good standing."
- c. Use a battery of study skills to meet specific study objectives.
- d. Clearly articulate their career goal and explain how that connects to their major.
- e. Clearly articulate the requirements of the degree they are seeking and describe their academic path to achieving that degree.

## **Major Topics to Be Included:**

- a. Time management
- b. Study skills: Using one's individual strengths in studying (using SmarterMeasure)
- c. Study skills applied to a specific course the student is taking
- d. Academic policies concerning probation, suspension, dismissal, course retake, etc.
- e. Advising: How major and career relate and developing a "roadmap" to academic success

Effective Date of Course Content Summary: August 1, 2013