

**J. Sargeant Reynolds Community College  
Course Content Summary**

**Course Prefix and Number:** NUR 31

**Credits:** 3

**Course Title:** Advanced Skills for Nurse Aides

**Course Description:** Teaches advanced level skills for Certified Nurse Aides, including basic IV therapy, EKG, and catheterization. Prerequisites: CNA certification for at least three (3) years; recommendation from a licensed nursing professional (LPN or RN); evidence of no restrictions on CNA Certification by the Virginia Board of Nursing for the last five (5) years; recommendation for advanced certification from a licensed nurse who has supervised the applicant in providing direct patient care for at least six (6) months within the past year; American Heart Associate CPR BLS for the Health Care Professional certification; ability to pass a background check and drug screen; and ability to meet functional health and immunization requirements. Co-requisites: NUR 26; a student must successfully complete both NUR 26 and NUR 31 to be eligible for Advanced Nurse Aide certification. Lecture 1 hour. Laboratory 6 hours. Total 7 hours per week.

**General Course Purpose:** To provide Advanced Certified Nurse Aides with the skills and direct patient care experiences to apply for positions as care partners or other titles where the position description matches the major course content in this course and to prepare for the Virginia Board of Nursing Advanced Certified Nurse Aide credential.

**Course Prerequisites and Co-requisites:**

**Prerequisites:**

- a. CNA certification for at least 3 years;
- b. Recommendation from a licensed nursing professional (LPN or RN);
- c. Evidence of no restrictions on CNA Certification by the Virginia Board of Nursing for the last five (5) years;
- d. Recommendation for advanced certification from a licensed nurse (LPN or RN) who has supervised the applicant in providing direct patient care for at least six (6) months within the past year;
- e. American Heart Associate CPR BLS for the Health Care Professional certification;
- f. Ability to pass a background check and drug screen; and
- g. Ability to meet functional health and immunization requirements.

**Co-requisites:**

- a. NUR 26; A student must successfully complete both NUR 26 and NUR 31 to be eligible for Advanced Nurse Aide certification.

**Course Objectives:**

Upon completing the course, the student will be able to

- a. Demonstrate competency with each skill identified in the course;
- b. Demonstrate application of principles of safety with all direct patient care experience;
- c. Demonstrate communication skills that enhance a therapeutic relationship with patients, families, faculty, peers, and supervising licensed personnel;
- d. Demonstrate competency in meeting assigned care needs of patients in an acute care environment;
- e. Describe common situations that may interfere with successful completion of: EKG, initiating a peripheral IV, catheterization, and completing a blood draw for a required specimen;

- f. Identify appropriate response to finding an altered blood glucose level across the lifespan;
- g. Identify actions that may be implemented with patients who present with hyper/hypothermia events; and
- h. Identify actions that may be implemented with patients who present with altered oxygenation levels.

**Major Skills/Topics to Be Included:**

- 1. EKG
- 2. Glucose monitoring
- 3. Catheterization, bladder scan
- 4. Pneumatic compression stockings
- 5. Reinforcing health-related activities identified in a teaching plan to promote independence in personal care and daily living
- 6. Oxygen delivery systems, incentive spirometer, coughing and deep breathing, oral suctioning, chest physiotherapy
- 7. Insert and discontinue peripheral intravenous catheter/saline locks
- 8. Postmortem care

**Effective Date of Course Content Summary:** March 3, 2015