

**J. Sargeant Reynolds Community College
Course Content Summary**

Course Prefix and Number: NUR 245

Credits: 4

Course Title: Maternal/Newborn Nursing

Course Description: Develops nursing skills in caring for families in the antepartum, intrapartum, and postpartum periods. Prerequisites: NUR 111/115, BIO 141, BIO 142, SDV 100, ENG 111, MTH 126. Prerequisite or Co-requisite: PSY 230. Co-requisites: NUR 226, NUR 108. Lecture 2 hours. Laboratory 6 hours. Total 8 hours per week.

General Course Purpose: This is a Level II course in the nursing curriculum. Concepts which have been introduced in prior nursing courses will not only be continued but also expanded upon to implement growth of knowledge and skills in the student. Concepts and topics which are integrated into Nursing 245 include: common human needs, human behavior and development, nursing process, nutrition, pharmacology, cognitive psychomotor and interpersonal skills, organization and priority setting, and personal and professional accountability. The concepts and theories of Duvall, Reva Rubin, Eric Erickson, Hans Selye, and Abraham Maslow are utilized.

Course Prerequisites and Co-requisites:

Prerequisites: NUR 111/115, BIO 141, BIO 142, SDV 100, ENG 111, MTH 126

Prerequisite or Co-requisite: PSY 230

Co-requisites: NUR 226, NUR 108

Course Objectives:

Upon completing the course, the student will be able to

- a. Practice within the legal, ethical, and regulatory boundaries of professional nursing, assuming accountability for the quality of nursing care provided to maternity clients and their families;
- b. Demonstrate commitment to excellence by maintaining professional competency and integrity through reflection, self-assessment, self-care, and lifelong learning as a professional nurse in maternity settings with particular focus on maintaining boundaries, and role appropriate behavior;
- c. Deliver holistic, client-centered nursing care to promote and maintain health based on principles of a therapeutic relationship and therapeutic communication with maternity clients and their families;
- d. Minimize risk of harm to maternity clients, families, and others through individual performance, inquiry, system effectiveness, and reduction of risks in the maternity healthcare environment, including identifying interventions for use, action, side effects, and nursing responsibilities, and prioritization of patient education associated with medications;
- e. Apply the nursing process, focusing on physical, developmental, and psychosocial health needs of maternity clients and families in maternity healthcare settings and community settings;
- f. Implement sound clinical decision-making based on scientific knowledge, critical thinking, and evidence-based practice to achieve positive outcomes for maternity clients with acute or chronic complications;
- g. Design client, family, and community education that incorporates effective teaching and learning principles and promotes positive outcomes for maternity clients and their families;
- h. Collaborate with the interdisciplinary team to promote continuity of care and improve outcomes for maternity clients with acute or chronic complications;
- i. Apply leadership and management principles to promote cost-effective care and promote quality improvement for maternity clients and their families; and

- j. Synthesize the use of information and technology to communicate, manage knowledge, and support decision-making in maternity health care settings.

Major Topics to Be Included:

- a. Contemporary childbirth trends
- b. Normal postpartum
- c. Normal pregnancy
- d. Normal labor and delivery
- e. Normal newborn
- f. Complications of labor and delivery
- g. Complications of pregnancy
- h. Complications of postpartum

Effective Date of Course Content Summary: July 17, 2015