

**J. Sargeant Reynolds Community College  
Course Content Summary**

**Course Prefix and Number:** NSG 130

**Credits:** 1

**Course Title:** Professional Nursing Concepts

**Course Description:**

Introduces the role of the professional nurse and fundamental concepts in professional development. Focuses on professional identity, legal/ethical issues and contemporary trends in professional nursing. Prerequisites: BIO 141 or BIO 231 or NAS 161; ENG 111, PSY 230, SDV 100, MTE 1-5, CPR – American Heart Association Basic Life Support for Health Care Providers, acceptance to the Nursing AAS program, and evidence of completion of Nursing AAS program required documents. Co-requisites: BIO 142 or BIO 232 or NAS 162; NSG 100, NSG 106, and NSG 200. Lecture 1 hour per week.

**General Course Purpose:**

The purpose of this course is to introduce the novice student to the basic concepts of professionalism and to assist students in socialization to the role of the registered nurse.

**Course Prerequisites and Co-requisites:**

Prerequisites: BIO 141 or BIO 231 or NAS 161; ENG 111, PSY 230, SDV 100, MTE 1-5, CPR – American Heart Association Basic Life Support for Health Care Providers, acceptance to the Nursing AAS program, and evidence of completion of Nursing AAS program required documents

Co-requisites: BIO 142 or BIO 232 or NAS 162; NSG 100, NSG 106, and NSG 200

**Course Objectives:**

Upon completing the course, the student will be able to

1. Relate how caring and advocacy principles are used in client-centered care.
2. Identify legal and ethical principles in client care.
3. Demonstrate the use of evidence and informatics in the provision of client care.
4. Identify the impact of personal beliefs, values and attitudes in the development of professionalism and professional behaviors.
5. Identify the roles of the health care team in relation to the interdisciplinary plan of care, chain of command and client rounding.

**Major Topics to Be Included:**

1. **Professionalism Concept**

Professional responsibilities and roles of the nurse  
Historical development of nursing  
Scope of practice  
Professional boundaries  
Exemplars: social media practices, attributes of the profession

2. **Legal Issues Concept**

Standards of Care  
Civil law affecting nursing  
Negligence vs. malpractice

Code of Virginia  
Client Abandonment  
Exemplars: Health Information Portability and Accountability Act (HIPAA), informed consent, restraints, licensure, mandatory reporting

3. **Ethics Concept**

Ethical principles  
American Nurses Association (ANA) Code of Ethics  
Values  
Exemplars: advanced directives, confidentiality

4. **Evidence Concept**

Purpose and benefits  
Levels of evidence  
PICOT (population, intervention, comparison, outcome, time) model  
How to use evidence  
Exemplars: practice guidelines, nursing research, expert opinion

5. **Informatics Concept**

Health Information Systems  
Consumer health information  
Evaluation of web based health information  
Exemplars: electronic health record, consumer health informatics

6. **Caring\Advocacy Concept**

**Caring** Theories Advocacy  
in Nursing  
Compassion fatigue and self-care in nursing  
Exemplar: Patient Bill of Rights

7. **Teamwork\Collaboration Concept**

Competencies for Collaboration  
Communication strategies in teams  
Healthcare team members  
Team communication: SBAR (Situation, Background, Assessment, Recommendations)  
Exemplars: interdisciplinary plan of care, hand-off reporting, chain of command, patient rounding

**Effective Date of Course Content Summary:** Fall 2017