

Date Prepared: February 11, 2009

New Revised
(*Check One*)

Effective Date: Spring 2009

COURSE OUTLINE

1. COURSE PREFIX and NUMBER: **HMS 226** CREDIT HOURS: 3

2. COURSE TITLE: **Helping Across Cultures**

3. PREREQUISITES: None

4. COURSE DESCRIPTION: Provides an historical overview of selected cultural and racial groups. Promotes understanding of group differences and the impact on counseling services. Lecture 3 hours per week.

5. CONTENT: (Major Headings)

- a. Why across-cultural perspective?
- b. The American Indian, Asian American, African American, and Latino client.
- c. Implications for minority groups/cross cultural counseling.
- d. A position paper: Cross-cultural counseling.

6. GENERAL COURSE OBJECTIVES:

Upon successful completion of the course, the student will be able to:

- a. Understand the influence of race, ethnicity and culture upon human relations.
- b. Fathom the role of melting pot, cultural assimilation and cultural pluralism philosophies in "enabling" American citizens.
- c. Possess a greater knowledge of minority, oppression, and the third world concept in order to provide excellent human services to clients.
- d. Provide students with an introductory knowledge of minority group/cross-cultural counseling.