

**J. Sargeant Reynolds Community College
Course Content Summary**

Course Prefix and Number: CHD 230

Credits: 3

Course Title: Behavior Management for School Age Care

Course Description: Discusses the development of social skills that school-age children need for self-management, including self-discipline, self-esteem, and coping with stress and anger. Explores way to effectively guide and discipline school-age children, focusing on how adults can facilitate positive pro-social and self- management skills. Lecture 3 hours per week.

General Course Purpose: Students will gain knowledge and skills in the guidance and discipline of school age children. This course is a requirement for the certificate in school-age care.

Course Prerequisites and Co-requisites:

None

Course Objectives:

Upon successful completion of the course, the student will be able to:

- a. Describe various methods of discipline used with school-aged children;
- b. Solve simple problems through the use of role-play and hypothetical situations;
- c. Observe, describe, and formulate solutions dealing with the behaviors of a problem child and group problem;
- d. Identify the goals of misbehavior and identify possible alternatives for dealing with the child's misbehavior;
- e. Identify the differences between a "good teacher" and "responsible teacher";
- f. Identify reasons why teacher's voice, preparation, attitude, and class environment affect child's behavior;
- g. Discuss and apply suggested techniques for reporting to parents; and
- h. Discuss and develop social skills for school agers.

Major Topics to Be Included:

- a. Behavior management for school-age care
- b. Positive discipline strategies
- c. Self-esteem and behavior
- d. Behaviors that create problems for individuals and the group
- e. Classroom environment and its effect on behaviors of school-age children
- f. Resolving conflict
- g. Social skill development

Effective Date of Course Content Summary: September, 2009